

# CHILD CARE PM SNACK

## JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	Yogurt @ 4ozM Plums 1/2 cup F	Animal Crackers ^+ 1ozG Applesauce 1/2 cupF	Fresh Grapes 1/2 cup F String Cheese @ 1ozM	Apple Slices 1/2 cupF WG Vanilla Brkfst SQ ^+% 1.9ozG
9	10	11	12	13
Muffin Top ^+\$ 3ozG Milk 1% @ 8ozM	Animal Crackers ^+ 1ozG Fruit Cocktail 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk 1% @ 8ozM	Peach Cup 1/2 cupF Ch Chip Muffin\$@ ^+% 1.9ozG
16	17	18	19	20
	Yogurt @ 4ozM Fresh Fruit 1/2 cup F	Animal Crackers ^+ 1ozG Applesauce 1/2 cupF	Faoople Slices 1/2 cup F String Cheese @ 1ozM	Milk 1% @ 8ozM WG Vanilla Brkfst SQ ^+% 1.9ozG
23	24	25	26	27
Muffin Top ^+\$ 3ozG Milk 1% @ 8ozM	Animal Crackers ^+ 1ozG Yogurt @ 4ozM	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams ^+ 1ozG Milk 1% @ 8ozM	Peach Cup 1/2 cupF Ch Chip Muffin\$@ ^+% 1.9ozG
30	31			
Strawberry Cup 1/2 cupF SoyButter Sandwich^+\$@ 1.5 oz M 1ozG	Yogurt @ 4ozM Plums 1/2 cup F			

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS 1%